



Forerunner

First Baptist Church
1024 E. Stuart Drive
Galax, VA 24333

Volume 49, No. 09
September 1-30, 2021



Fear...& How We Handle It

I am writing this month on the subject of fear. The return of Covid-19, the debacle of Afghanistan, and the on-going natural disasters not only in our country but around the world, is causing many to shrink back due to fear of the future and the unknown.

Fear can be crippling and paralyzing at worst and a consumption of worry at best. Our media drives its ratings on inducing fear and sensationalism, and yet there is always some truth found in the midst of such a fear-driven narrative. Covid-19 is deadly to say the least. It is a virus that deserves our respect and our caution. World events and natural disasters are always unsettling and should give us pause on how we live our days. With all of that said, let me encourage you to not give in to fear and allow it to dictate your life and/or bring you to the point of full paralysis.

The more scared you feel, the scarier things will seem

Through a process called potentiation, your fear response is amplified if you are already in a state of fear. This state of being will then lend itself to keeping you from living. It will keep you from being a functioning part of life and cause you to retreat into hibernation.

<https://www.psychologytoday.com/us/blog/smashing-the-brainblocks/201511/7-things-you-need-know-about-fear>

Fear dictates the actions you take.

Actions motivated by fear fall into four types—freeze, fight, flight, or fright.

Freeze means you stop what you are doing and focus on the fearful stimulus to decide what to do next (e.g., you read a memo that your company will be laying off people).

Next, you choose either fight or flight. You decide whether to deal with the threat directly (tell your boss why you shouldn't be laid off) or work around it (start looking for another job).

When the fear is overwhelming, you experience fright: You neither fight nor flee; in fact, you do nothing—well, you obsess about the layoffs, ruminate, and complain, but you take no action. Being continuously in fright mode can lead to hopelessness and depression.

And fear of fear can keep you locked in a cage of insecurity. How do you overcome it? You learn to leverage it.

<https://www.psychologytoday.com/us/blog/smashing-the-brainblocks/201511/7-things-you-need-know-about-fear>



Sundays

9:45 am—Sunday School

11:00 am—Worship Service

(Live on Facebook & 98.1 FM Radio)

6:00 pm—TruNorth (Youth Group)

6:00 pm— Explorers

(Beginning Sept 12th)

Mondays—6:00 pm: Bible Study on

Facebook only (Beginning Sept. 13th)

Wednesdays

6:00 pm—Worship, & Devotion

6:30 pm—Prayer Group

6:30 pm—Choir Rehearsal

6:30 pm—TruNorth Youth Group

(Beginning Sept 15th)



September 5—NO Youth

September 6

Happy Labor Day—Church Offices Closed
Soup Kitchen -

(Please bring rolls/ desserts by 1 pm)

September 7

Preschool Open House

1:00 pm Staff Meeting

September 8

9:00 am First Day of Preschool

6:30 Kingdom Kids

September 12

Happy Grandparents Day

September 14

11:00 am—Women on Mission

September 16

11:30 Grief Support Group

September 19

5—8 :00 pm Family Picnic at the Church

(Bring Your Own Basket)

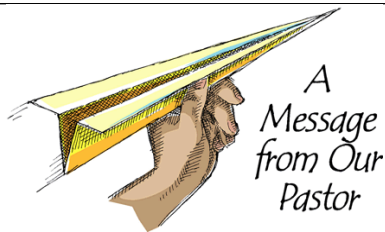
September 22

First Day of Autumn

6:30 pm—Kingdom Kids

September 24

9:00 - 12:00 pm 5th QTR Youth Party



(Continued)

With all this said, we need to look to scripture to help us get through such tumultuous times.

Romans 8:15

For you did not receive a spirit of slavery to fall back into **fear**, but you received the Spirit of adoption, by whom we cry out, “*Abba*, Father!”

John 14:27

“Peace I leave with you. My peace I give to you. I do not **give** to you as the world gives. Your heart must not be troubled or **fearful**.

2 Timothy 1:7

For God has not given us a spirit of **fearfulness**, but one of power, love, and sound judgment.

As you can see from the above scriptures, our God who is faithful and just, gives us the ability through His Holy Spirit to be able to stand in the midst of our fears with confidence. So, let us leverage our fear in God and with God so that we may continue the good work He started in us from the beginning.

My door is always open to help if or when your fear overwhelms you. May we not shrink in the face of fear, but stand tall awaiting our Hope that is in Christ Jesus.

In Christ’s Love,

Kevin



Watch This!

It seems like the overarching theme of today is “watch this” or “look at me!” All of social media appears to be geared toward this theme, especially the more recent evolutions. I wonder if the Christian faith would have survived the thousands of years that it has, if Jesus was a “watch this” kind of person? These days many of us seem to think that was His call rather than “follow me” and “go and do.” Over the last few years I’ve heard many people wonder why the “church” is losing ground so drastically these days and I believe it can be pinned down to one word, engagement. Jesus calls us all to be engaged in the faith. His rally cry was not “watch this” but “follow me.” He even made sure to give each of us spiritual gifts to use on the journey of glorifying God, gathering new believers, discipling those He has delivered and growing in our faith along the way! You were never created to be a consumer but a doer. Consumers sit on the sidelines satisfied to simply watch and listen, but doers engage their faith dropping their nets to truly follow Jesus. Are you content to be a consumer, hiding the light inside you under a bushel basket or are you ready to engage and let your light shine for all the world to see? There are many ministries and opportunities in the church where you can engage. Is it time for you to glorify God and give thanks by putting your gifts and talents to work? I bet Jesus would say yes! If you’d like to help figuring out where to plug in and engage, come see me. You can drop by and find me at the church most of the time during my regular office hours or if you prefer, you can call, email or message me and we can make a special appointment that fits your schedule. I am almost always available.

God Bless,
Pastor Steve

P.S. Don’t forget to check the calendar. There are lots of events this month for everyone!

Office hours:
10-1:00pm on Tuesday & Friday
2-5:00pm on Wednesday & Thursday

Contact info:
Email:Sgoatley@fbccgalax.org or
Bkr:Goat@gmail.com
Office: (276)236-5185
Cell: (276)237-1818



A Note From The Music Minister

I’ve been humming the old hymn

***“What a day, glorious day that will be!”
There is coming a day
When no heartaches shall come
No more clouds in the sky
No more tears to dim the eye
All is peace forevermore
On that happy golden shore
What a day glorious day that will be
What a day that will be
When my Jesus I shall see
When I look upon His face
The One who saved me by His grace
When He takes me by the hand
And leads me thro’ the Promised Land
What a day glorious day that will be***

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www.ccli.com. CCLI License # 102567

Of course, the words reflect the excitement of seeing Jesus as He ushers us into the Promised Land, but I must say that I am very excited to see our favorite choir folks back in choir rehearsal on **Wednesday, September 8!** Yes, you read that correctly!! Choir will begin at 6:30 p.m. **in the choir loft**. Having rehearsal in the Sanctuary will allow us to provide social distancing, but as always, the choir room will be open for you to pick up your music and boxes. (Because that end of the choir room and hallway are close spaces where people tend to cluster, we ask that you wear your mask until you get into the choir loft.) Also, make plans now to join us a little early (at 6:00 p.m.) for a time of worship and devotion with Pastor Kevin. Then we’ll move into the choir loft for a time of singing and fellowship. Our congregation has missed the choir leading in weekly worship, but we have certainly been blessed with our very talented folks who have been willing to provide special music during these many months of Covid. ***A huge thank you to all who have given their time and talents!!*** See you on September 8.

Wendi



The Kingdom Kids Bus Ministry Team has had a blessed summer averaging 50 children, youth, and adults in attendance who are eager to learn God's word. The children and youth have a new favorite song, "The B-I-B-L-E." A verse from the song is "I stand alone on the word of God, the B-I-B-L-E." All summer the lessons have been centered on the truth of the Bible. Our prayer is that each one will carry this truth with them as they go back to school. A Back-to-School Celebration was held with the focus being on Genesis 1: "God saw everything He had made. And it was very good." A child asked one of our team members how much are we paid to teach and serve them on Wednesdays. This was an excellent opportunity to share 2 Corinthians 2:17 "We do not teach the word of God for money. We teach it out of love and following Jesus' encouragement to tell others." We are appreciative to have the new pastor at La Iglesia Bautista de Galax Pastor Lino and his family attending and ministering to all.

Kingdom Kids Bus Ministry Team is thankful for all the dedicated volunteers who have served on this now 20 plus year ministry of First Baptist Galax. Jesus said, "Let the little children come to me. Don't keep them away. The kingdom of Heaven belongs to people like them." Matthew 19: 14.



Hispanic Ministry

We arrived in Galax about 4 months ago and this time has been very special. We already love this place. Nature is so beautiful and that makes us happy. It is relaxing for us to drive around and see the nice country views even within the city itself. We feel very blessed to be here and we pray for many years in this place. We believe the Lord called us to serve in this place in the Hispanic congregation. It is very interesting to us when we see how he is showing his purpose for our lives. We have many short term and long term plans and we pray the pandemic goes away so we can achieve them.

There are many challenges for the congregation and we thank God for all the love that the brothers and sisters have shown us.

PS The Refrigerator has been a wonderful blessing to us. Thank you.

Philippians 1:3-4.

I thank my God every time I remember you in my prayers for all of you. I always pray with joy.

Pastor Lino Rodriguez



| Donor | Fund | In Memory Of |
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| | | |
|-----------------|------------------|----------------|
| Gardner Brannon | | Mary E Brannon |
| | Fran Cregar Fund | |

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| Betty Parrish | | Lou Peddy Brock |
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| Judith Nunn Alley | | Friends & |
| | General Fund | Leaders of the Church |

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| Aprio LLP | | Roger Edwards |
| | General Fund | |



Women on Mission

Each September, the Women's Missionary Union of Virginia (WMUV) and Baptist General Association of Virginia (BGAV) sponsor Alma Hunt Offering for Virginia Missions. This offering provides funding for all WMUV missions and ministries as well as making possible other special ministries, outreach projects and initiatives uniquely connected to Virginia Baptists but not funded through regular streams of giving. The goal for First Baptist Galax this year is \$2,500. Emphasis Week is September 12-19th 2021. Thank you for your support of this special offering. The women on mission will also be participating in the love notes from Spirt FM. The love notes will be going to soldiers that are in active duty, reserves and veteran members. We are asking for the churches help to get a bunch of them to send. We will be collecting until October. A box will be available next to the church office. Come join us for our monthly meeting September 14th at 11am.



Sympathy to Ed Barker & Family on the passing of his sister, Dorothy Kaesemeyer, on July 10th.

Sympathy to Joan Miller & family on the passing of her Nephew, Leroy Coleman, on July 18th.

Sympathy to the Beulah Harris Family. Our beloved Beulah passed away on August 15th.

Sympathy to Shirley White & family on the passing of her sister, Alease Beamer Iroler, on August 20.



Dear Church Family,
Thank you for the prayers and the delicious food.

Lib & Gary Russell



Scott Campbell (Nephew of Tony & Ginny Mays),
Curtis Turner (Cousin to David & Wanda Riggins),
Lib & Gary Russell, Ava Rhodes (Joe & Bobbie Sizemore’s grand-
daughter), Judie Gauvreau, Steve & Larkin Conley, Sharon
Garrett, Barbara Baxley, Mike McMillan, Juan Rios, Nell Bartlett,
Glenn Morris, WNH & Martha Combs, Hillsville Health & Rehab
and all others in the nursing homes. Prayers for our children and
teachers as they begin a new school year. Pray for our Country &
the USA Military & other coalition forces.

CURRENT WORSHIP STATISTICS

| | 08/012021 | 08/08/2021 |
|------------------------------|--------------|-------------|
| Evening Attendance | 21 | 74 |
| Sunday School | 79 | 85 |
| 11:00 A.M. Worship Service | 154 | 142 |
| Hispanic Worship Service | 36 | 42 |
| Total Worship Attendance | 290 | 343 |
| BUDGET REQUIRED | \$ 9,384.04 | \$ 9,384.04 |
| BUDGET RECEIVED | 14,007.64 | 7,432.01 |
| REQUIRED TO DATE | 290,905.24 | 300,289.28 |
| RECEIVED TO DATE | 296,046.77 | 303,478.81 |
| DESIGNATED RECEIPTS | 4,115.54 | 9,453.86 |
| TOTAL RECEIPTS | \$ 18,123.18 | \$16,885.87 |
| % Required Yrly Budget Rec'd | 102% | 101% |
| % Required Wkly Budget Rec'd | 149% | 79% |
| | 08/15/2021 | 08/22/2021 |
| Evening Attendance | 12 | 58 |
| Sunday School | 96 | 79 |
| 11:00 A.M. Worship Service | 145 | 155 |
| Hispanic Worship Service | 45 | 41 |
| Total Worship Attendance | 298 | 333 |
| BUDGET REQUIRED | \$ 9,384.04 | \$ 9,384.04 |
| BUDGET RECEIVED | 12,646.26 | 7,417.23 |
| REQUIRED TO DATE | 309,673.32 | 319,057.36 |
| RECEIVED TO DATE | 316,125.07 | 323,542.30 |
| DESIGNATED RECEIPTS | 5,675.90 | 1,589.91 |
| TOTAL RECEIPTS | \$ 18,123.16 | \$ 9,007.14 |
| % Required Yrly Budget Rec'd | 102% | 101% |
| % Required Wkly Budget Rec'd | 135% | 79% |
| | 08/29/2021 | |
| Evening Attendance | 9 | |
| Sunday School | 90 | |
| 11:00 Worship Service | 127 | |
| Hispanic Worship Service | 44 | |
| Total Worship Attendance | 270 | |
| BUDGET REQUIRED | \$ 9,384.04 | |
| BUDGET RECEIVED | 3,450.47 | |
| REQUIRED TO DATE | 328,441.40 | |
| RECEIVED TO DATE | 326,992.77 | |
| DESIGNATED RECEIPTS | 741.85 | |
| TOTAL RECEIPTS | \$ 4,192.32 | |
| % Required Yrly Budget Rec'd | 100% | |
| %Required Wkly Budget Rec'd | 37% | |



Hello Everyone,
First, I would like to thank the administrative and
personnel team for giving me the opportunity to serve as the
Administrative Secretary of FBC.
I was born at Waddell Hospital many moons ago and I live in Fries.
I am blessed with a wonderful family. I have a son, Chad Shaffner
and daughter-in-law, Ashleigh. They have two children, Kacie &
Andrew. I also have a daughter, Tracie Vaughan and son-in-law,
Jacob and they have three girls, Anna, Ayla and Allie. I worked at
TCRH for almost forty four years and left that position in March
2021 with plans of possibly retiring; however, God has opened a
new door for me and I am very excited.
I love working with Pastor Kevin and Pastor Steve and Marie Combs
has been a Godsend. I look forward to meeting everyone. I am a
“people person”, so please do not hesitate to contact me and I will
be happy to assist you in any way I can.
Barbara Bourne



Lynn Frank

Sarah Keatley



CHURCH STAFF

Dr. Kevin Rosenfeld Senior Pastor
(Office) 236-5185
Rev. Steve Goatley Minister of Youth & Families
(Office) 236-5185
Mrs. Wendi Pemberton Minister of Music
(Office) 236-5185
Ms. Barbara Bourne Administrative Secretary
Mrs. Marie Combs Financial Secretary
Mrs. Nancy Hazelwood Organist
Mrs. Patty Davis Pianist
Mrs. Marian Porter Weekday Preschool Director
Mrs. Sara Hall.....Preschool/
Extended Session
Mr. Kevin Spurlin.....Sunday
School Director
Mrs. Penny Adams Bus Ministry Director
Mrs. Martha Easter, RN Volunteer Health Nurse
Scott BedsaulSexton
CHURCH PHONE 276-236-5185 FAX 276-236-5186
E-MAIL: secretary@fbcgalax.org

Website: www.fbcgalax.org



www.facebook.com/FBCGalax

Church Office Hours:
Monday—Friday 8:30—5:00 Friday—8:30—1:00

Nursery

September 05

Tara Spurlin

September 12

Erica Testerman

September 19

Sarah Hall

September 26

Tara Spurlin

First Impressions Team

September 05

September 12

September 19

September 26

Tony & Sonia Truitt

Marty & Cathy Parks

Phil & Gay Helms

Basil & Nancy Carpenter

Welcome Center

September 05

September 12

September 19

September 26

Regina Snow

Kathy Cox

Ruth Hall

Robert Leonard

Security Team

September 05

September 12

September 19

September 26

Terry Anders & Basil Carpenter

Scott Hall & Gerald Cox

Terry Anders & Dick Cooley

Phil Helms & Mike Coomes

Tech Team

September 05

September 12

September 19

September 26

Mike Stevens & Bryan Dillon

Bryan Dillon & Trevor Anders

Trevor Anders & Jessica Whitaker

Gary Ballard & Jessica Whitaker





September 1

Shirley White

September 5

Glennis Morris

September 6

Arianna Leming

September 9

Duane Alexander

Mary Ann Dotson

September 11

Ruth Lyon

September 13

Basil Carpenter

September 17

Mandy Archer

Nancy Hazelwood

Adrian Hernandez

Jeff Holderfield

Sue Holt

Trace Lumpkin

Adrian Hernandez

September 18

Jack Bryant

September 21

Mike Stevens

September 22

Debbie Patterson

Charlie Quesenberry

September 25

Frank Plichta

September 26

Debra Cone

September 27

Jack Edwards

Wanda Harris

September 28

Joe Sizemore



Hello,
September!

2021

Sun

Mon

Tue

Wed

Thu

Fri

Sat

| | | | | | | |
|--|---|--|---|---|---|-----------|
| | | | <i>1</i> | <i>2</i> | <i>3</i> | <i>4</i> |
| 5 9:30 am Bill Davis' Class (Fellowship Hall) 10:am Faith Explorers (Common Ground Room) 11:00 am Worship Service 2:pm Memorial Service NO YOUTH | 6 <i>Happy Labor Day</i> <i>Church Offices Closed</i> Soup Kitchen (Please bring rolls/desserts By 1:00 pm) | 7 1:pm Staff Meeting Preschool Open House | 8 9 am—First Day of Preschool 6:pm Worship & Devotion 6:30 pm— Prayer Group, Choir Rehearsal, Kingdom Kids | 9 | 10 | 11 |
| 12 9:30 am Bill Davis' Class (Fellowship Hall) 10:00 am Faith Explorers (Common Ground R) 11:00 am Worship Service 6 pm TruNorth & Explorers | 13 6 pm Bible Study with Pastor Kevin on Facebook | 14 11 am Women on Mission | 15 6:pm Worship & Devotion 6:30 pm— Prayer Group, Choir Rehearsal, Truth North Youth | 16 11:30 am Grief Support Group | 17 | 18 |
| 19 9:30 am Bill Davis' Class (Fellowship Hall) 10:00 am Faith Explorers (Common Ground Room) 11:am Worship Service 5:00 pm—8:00 pm Family Picnic at the Church | 20 6 pm Bible Study with Pastor Kevin on Facebook | 21 | 22 6:pm Worship & Devotion 6:30 pm Prayer Group, Choir Rehearsal, TruNorth Youth, Kingdom Kids First Day of Autumn | 23 | 24 9 pm—12 pm 5th QTR Youth Party | 25 |
| 26 9:30 am Bill Davis' Class (Fellowship Hall) 10:00 am Faith Explorers (Common Ground Room) 11 am Worship Service 6 pm TruNorth Youth & Explorers | 27 6:pm Bible Study with Pastor Kevin on Facebook | 28 | 29 6:pm Worship & Devotion 6:30 pm Prayer Group, Choir Rehearsal, TruNorth Youth | 30 | | |